Carpi radialis

- Flexor carpi radialis → Superficial Anterior of the forearm
- Extensor carpi radialis
  - Extensor carpi radialis longus → lateral of the forearm
  - Extensor carpi radialis brevis → Superficial posterior of the forearm

Carpi Ulnaris

- Flexor carpi ulnaris → Superficial Anterior of the forearm
- Extensor carpi ulnaris → Superficial posterior of the forearm

Digitorum

- Flexor digitorum
  - Flexor digitorum superficialis → Intermediate anterior of the forearm
  - Flexor digitorum profundus → Deep anterior of the forearm
- Extensor digitorum → Superficial posterior of the forearm

Digiti minimi

- Flexor digiti minimi → medial of the hand
- Extensor digiti minimi → Superficial posterior of the forearm
- Abductor digiti minimi
- opponens digiti minimi

  } → medial of the hand

- pollicis
  - Flexor pollicis
    - Flexor pollicis longus → Deep anterior of the forearm
    - Flexor pollicis brevis → lateral of the hand
  - Extensor pollicis
    - Extensor pollicis longus
    - Extensor pollicis brevis
    - → Deep posterior of the forearm
  - Abductor pollicis
    - Abductor pollicis longus → Deep posterior of the forearm
    - Abductor pollicis brevis → lateral of the hand
  - Adductor pollicis → lateral of the hand
  - opponens pollicis → lateral of the hand

- palmaris
  - palmaris longus → Superficial Anterior of the forearm
  - palmaris brevis → medial of the hand

- pronator
  - pronator teres → Superficial Anterior of the forearm
  - pronator qudratus → Deep anterior of the forearm