بسم الله الرحملن الرحيم (وفوق كُلِ ذِي عِلْمٍ عَلِيمٌ)





Pharmacology | Lecture 1

Introduction to Pharmacology



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Pharmacodynamics

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Learning Objectives

- Define pharmacodynamics and its scope in pharmacology.
- Differentiate pharmacodynamics from pharmacokinetics.
- Describe how drugs act on biological targets to produce effects.
- Identify major drug targets: receptors, enzymes, ion channels, and transporters.

Introduction

General overview ::

- We are going to study how drugs work in pharmacology.
- > We take drugs to treat certain conditions in our bodies.

Panadol is a trade name, just like Tylenol and Panda.
The scientific name is paracetamol.

It is more ethical for a doctor to write the scientific name of the drug on the prescription.



Introduction

+ Pharmacology is the study of the biochemical and physiological aspects of the drug effects including Absorption, Distribution, Metabolism, Elimination, toxicity and specific mechanism of action.

ADME: Pharmacokinetics

- → The main areas of pharmacology are :
- o **Pharmacokinetics** (what my body does to the drug): the way the body handle drug absorption, distribution, biotransformation, and excretion. (مادّة الدكتور يعقوب)
- o **Pharmacodynamics**: the study of the biochemical and physiological effect of the drugs and their mechanism of action. (مادّة الدكتورة علياء)

Introduction

+ Pharmacology is the study of the biochemical and physiological aspects of the drug effects including Absorption, Distribution, Metabolism, Elimination, toxicity and specific mechanism of action.

➤ Absorption : By body cells in the intestin

الجسم رح يلفلف مادّة الدواء في الـblood stream حتّى توصل الـDistribution : target

➤ Metabolism : in the liver

Elimination: mainly in kidneys, then excretion outside the body

All these processes occur in parallel and influence one another continuously.

Drug: It is any chemical that affect living processes. It modifies an already existing function, and does not create a new function.

This chemical is going to give me two effects:

the wanted effect (the therapeutic effect) > all these effects are

> Within the living system

Side effect (not all drugs have side effects)



99.9% of drug effects occur because they modify a physiological process in the body. For example, Paracetamol acts on a normal enzyme in the body that produces prostaglandins, causing vasodilation and edema, and ultimately leading to pain, inflammation, and fever.

Paracetamol works by inhibiting the enzyme cyclooxygenase, or COX for short. This enzyme normally produces prostaglandins — the chemicals that cause inflammation, pain, and fever. By reducing prostaglandin production, paracetamol helps relieve these symptoms.

Effects (or indications) of Paracetamol:

- •Antipyretic → lowers body temperature (fever-reducing) خافض للحرارة.
- •Analgesic → relieves pain مسكّن للألم.
- •Has weak anti-inflammatory activity compared to other drugs.

Pharmacodynamics

- الدواء لازم يتفاعل مع شيء معيّن في جسمي حتّى يكون له تأثير، وهذا الشيء المعيّن نسمّيه: Target
- Drug targets are usually **receptors** or **enzymes**. The drug needs to bind a sufficient number of target protein at a reasonable dose, so the drug should be potent.
- ★The most important part in the body that deals with drug is the receptor (Lecture 3 topic)
- → The study of the biochemical and physiological effect of the drugs and their mechanism of action. ((How drugs work))
- The study of the relationship of drug concentration to drug effects.

Introduction to Pharmacology

Definitions in Pharmacology

Drug: It is any chemical that affect living processes (can be microorganisms or bacteria). It modifies an already existing function, and does not create a new function.

There are a few simple exceptions related to genetic therapies. For instance, when I take supplements such as calcium or certain vitamins, they work through the body's natural mechanisms rather than creating a new process.

Dr Notes

- Drug modifications can be either inhibitory or stimulatory, meaning they can activate or inhibit an enzyme. More will be discussed later in pharmacodynamics.
- Learning the pharmacodynamics of a drug means understanding its mechanism of action, indications, side effects or toxicity, and contraindications, a condition or situation in which a drug should not be used because it may be harmful to the patient.

Dr Notes

Uses of Ibuprofen: Anti-inflammatory \rightarrow reduces inflammation (swelling, redness, pain) Analgesic \rightarrow relieves pain Antipyretic \rightarrow lowers fever

A common Side effects of Ibuprofen: Gastric irritation or stomach pain

Details.. Next semester.. GIS

Pharmacology:

The science of drugs.

It is the knowledge of history, source, physical and chemical properties, absorption, distribution, excretion, biotransformation (metabolism, تحويل الدواء من شكل لشكل, actions (we have the mechanism of action and the physiological action of the drug) and therapeutic uses of drugs (the treatment). (or toxic effects on microbes and cancer cells).

Pharmacology:

Some drugs are given only بالوريد and not orally, because their structure is highly polar, so they can't be absorbed through جدار الأمعاء since it's ليبيد in nature.

That's an example of what we'll cover about the chemical structure and properties of drugs — we won't نتعمّق into that, because that's the job of إخواننا طلاب الصيدلة.

Medical (or Clinical) Pharmacology:

Is the science that deals with the use of drugs for diagnosis, prevention and treatment of human disease.

Pharmacy:

Is that branch of the health sciences dealing with the preparation, dispensing, and proper utilization of drugs.

Toxicology:

Is that aspect of pharmacology which deals with adverse effects of drugs and the toxic effects produced by household, environmental and industrial chemicals. (poisons are also drugs, why?)

Additional Resources:

رسالة من الفريق العلمي:

-عن عمرهِ فيما أفناه، وعن شبابهِ فيما أبلاه-



الشباب مرحلة عظيمة جدًّا في حياة المَرع، ينبغي عليه أن يُحسِن اغتنامَها، وأن يُجاهد نفسنه مجاهدةً تامّة على عدم تفويتِ خَيرِها وبركتِها مستعينًا بالله عزّ وجلّ طالبًا مدّهُ وعونه وتوفيقه وأن يذكّر نفسنه بأنّ الله عزّ وجلّ سائله عن هذه المرحلة سؤالًا عظيمًا يوم يلقاه

من كتاب وصايا السلف للشباب لتحميل الكتاب، 33 صفحة

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