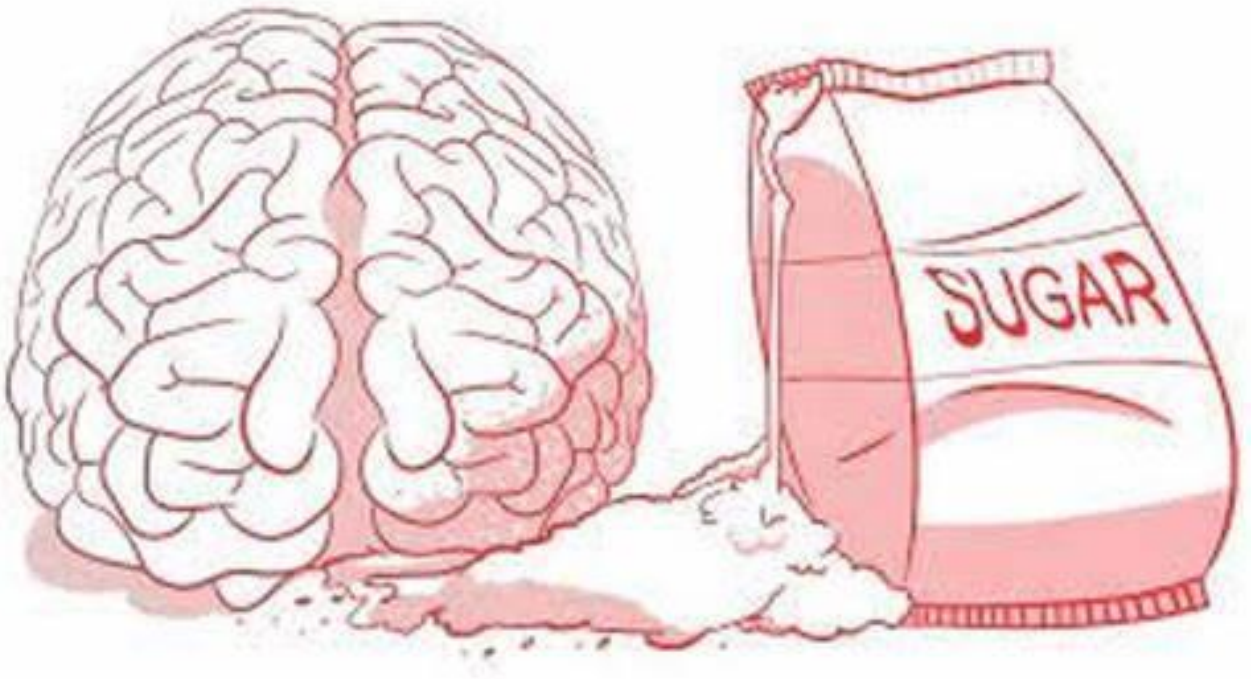


Gluconeogenesis

(Production of glucose from non-carbohydrate precursors)

Dr. Diala Abu-Hassan

Sources of Blood Glucose

- Diet
  - Starch, mono and disaccharides, glucose
  - Sporadic, depend on diet
- Glycogen
  - Storage form of glucose
  - Rapid response
  - Limited amount
  - Important energy source for exercising muscle
- Gluconeogenesis
  - Sustained synthesis
  - Slow in responding to falling blood glucose level

Glucose Synthesis is Required for Survival

- Brain is dependent on glucose 120g/day
- Body glucose reserve is limited
  - ≈ 20 g (extra cellular fluid)
  - ≈ 75 g (liver glycogen); enough for 16 hours
  - ≈ 400 g (muscle glycogen); for muscle use only

  Main source of energy for resting muscle in post-absorptive state
- 70 Kg man has ≈ 15 Kg fat
  - Fatty acids can not be converted to glucose
  - Utilization of FA is increased 4-5 X in prolonged fasting
  - In prolonged fasting; FA ➔ ketone bodies at high rate

Gluconeogenesis occurs mainly in the liver

Tissues that do not oxidize glc. completely
e.g RBCs
Exercising muscle

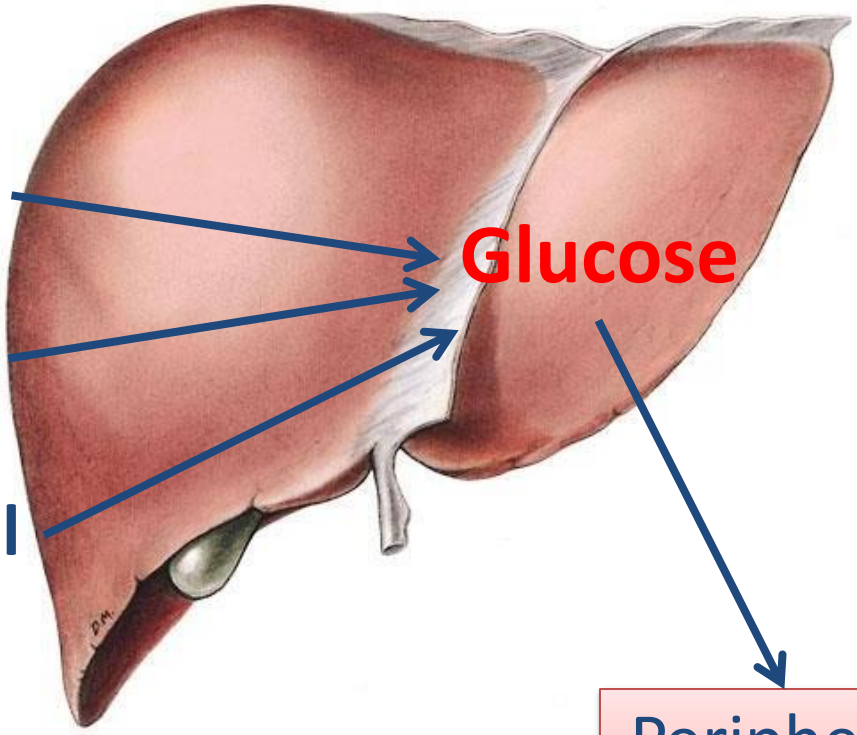
Lactate

Muscle
Glucogenic A.As

Alanine

Glycerol

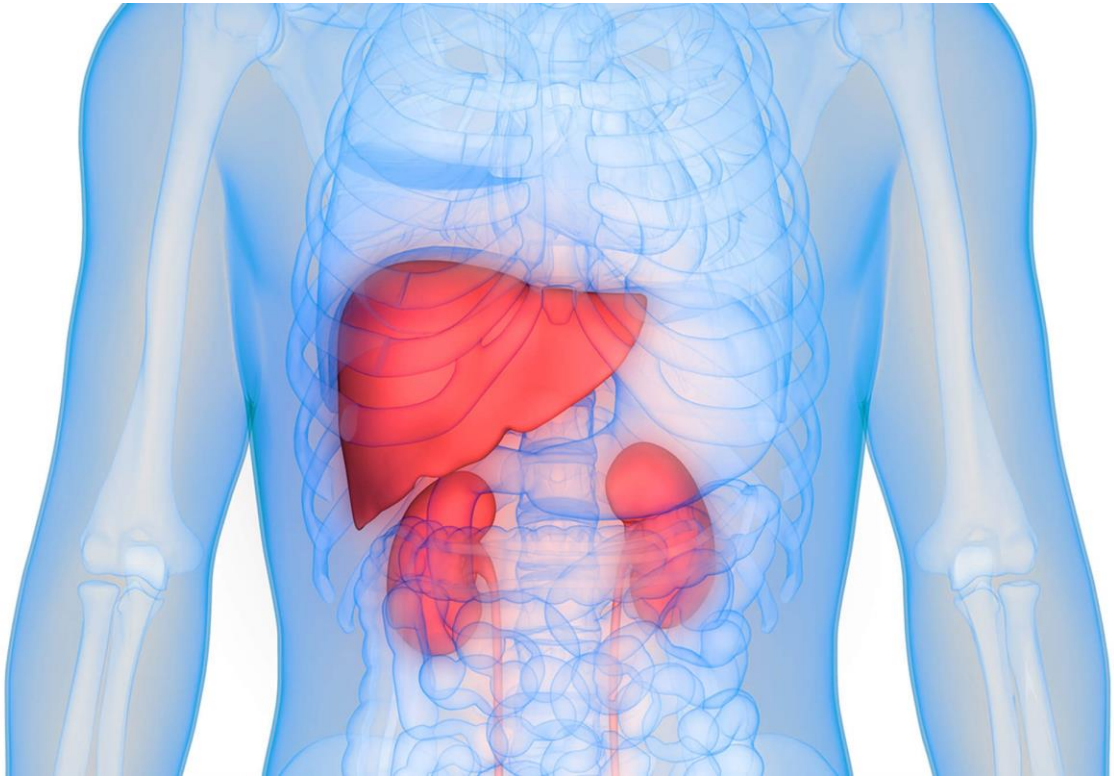
Adipose tissue



Glucose

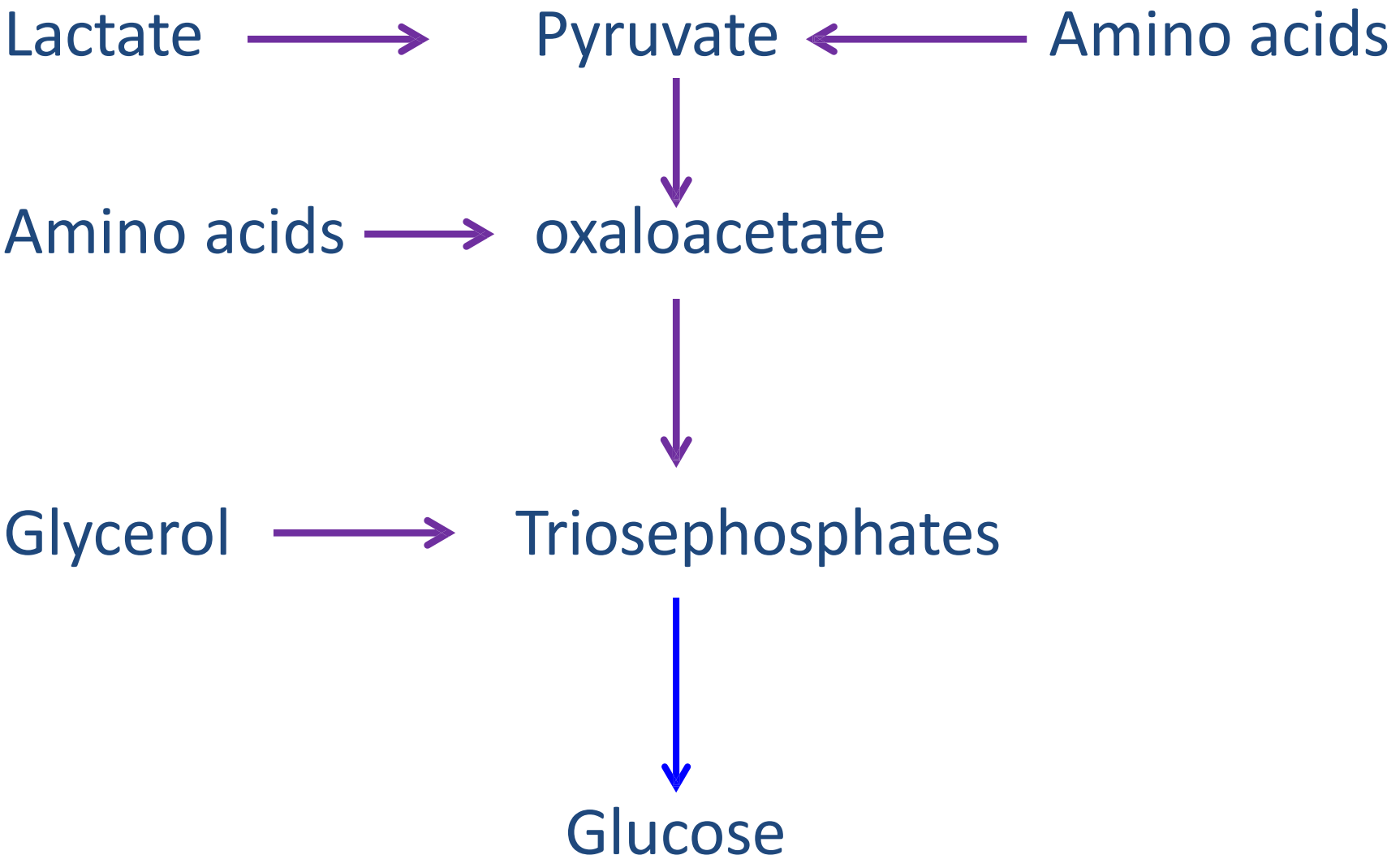
Peripheral tissues

Where and when does gluconeogenesis occur?

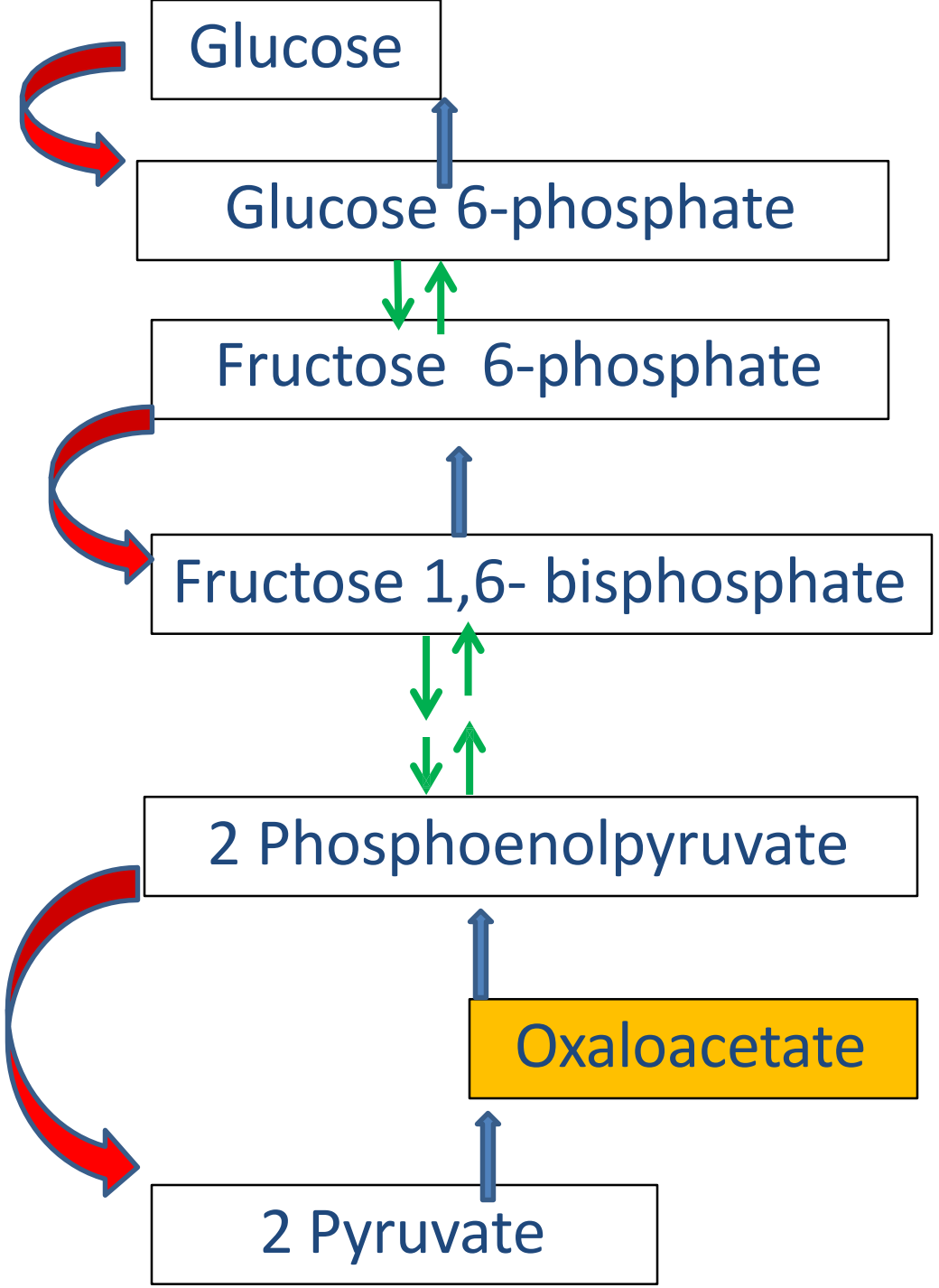


- During an overnight fast, ~ 90% of gluconeogenesis occurs in the liver and10% by the kidneys
- During prolonged fasting kidneys become major glucose-producing organs (40% of total glucose production)

Entrance of substrates into gluconeogenesis



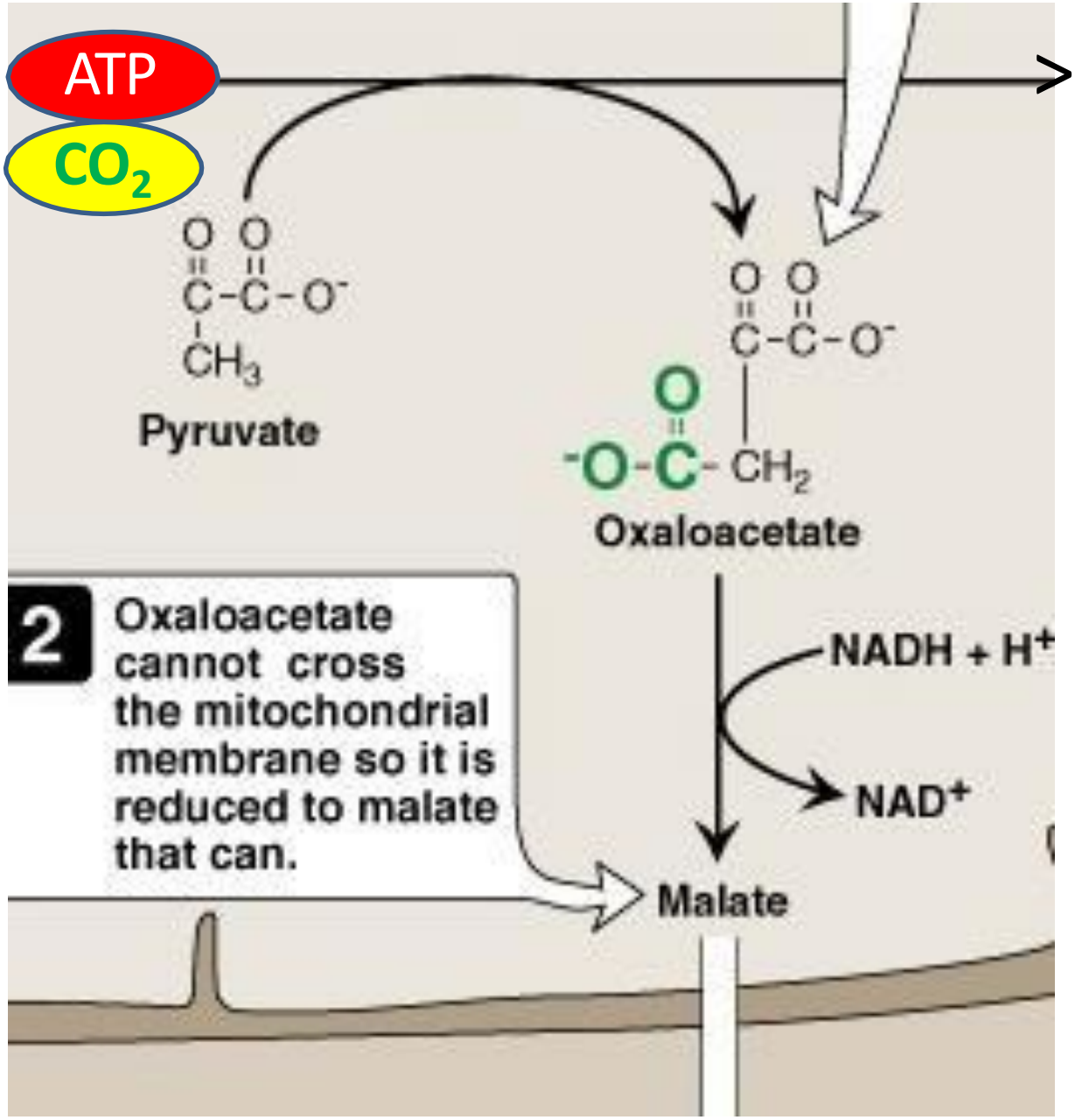
Gluconeogenesis is the opposite of glycolysis BUT



Reversing the irreversible steps

1. From pyruvate to phosphoenolpyruvate (PEP)

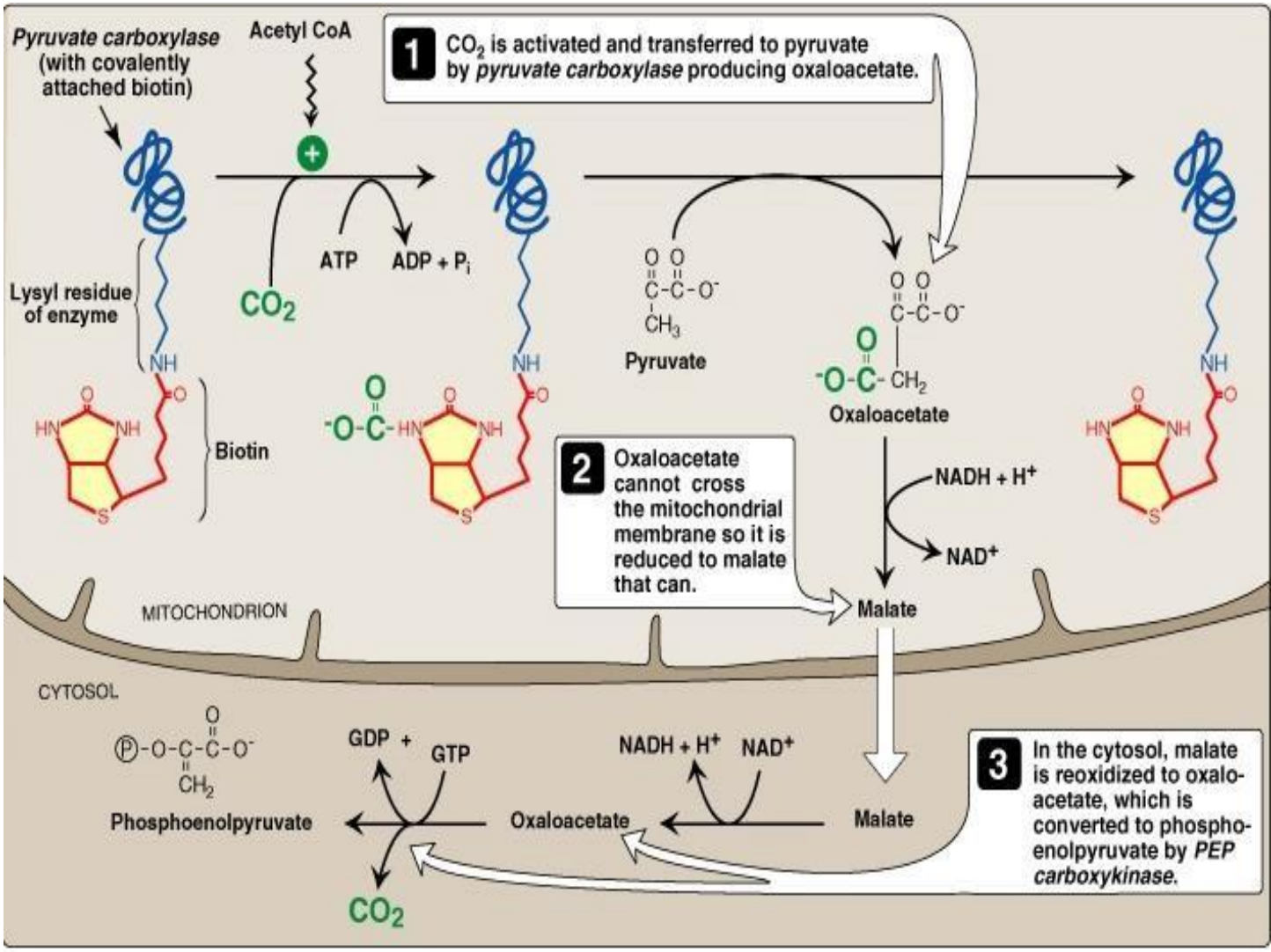
Carboxylation of Pyruvate Produces Oxaloacetate (OAA)



- By pyruvate carboxylase
- In mitochondria
- Allosterically activated by Acetyl Co A

From OAA to PEP

- Enzyme is found in both cytosol and mitochondria
- The generated PEP in the mitochondria is transported to the cytosol by a specific transporter
- The PEP that is generated in the cytosol requires the transport of OAA from the mitochondria to the cytosol

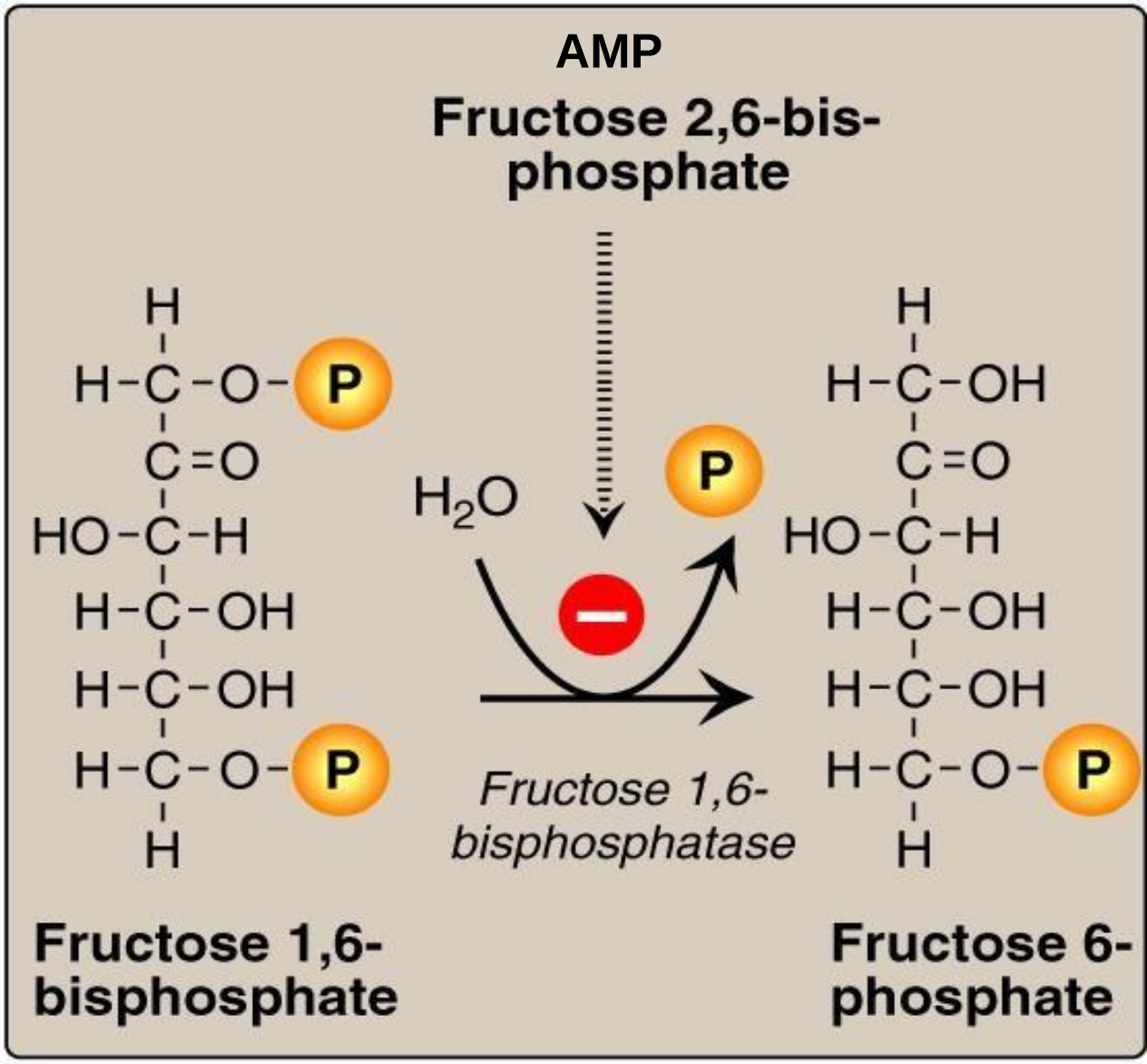


Reversing the irreversible steps

2. From fructose-1,6-bisphosphate to fructose-6-phosphate

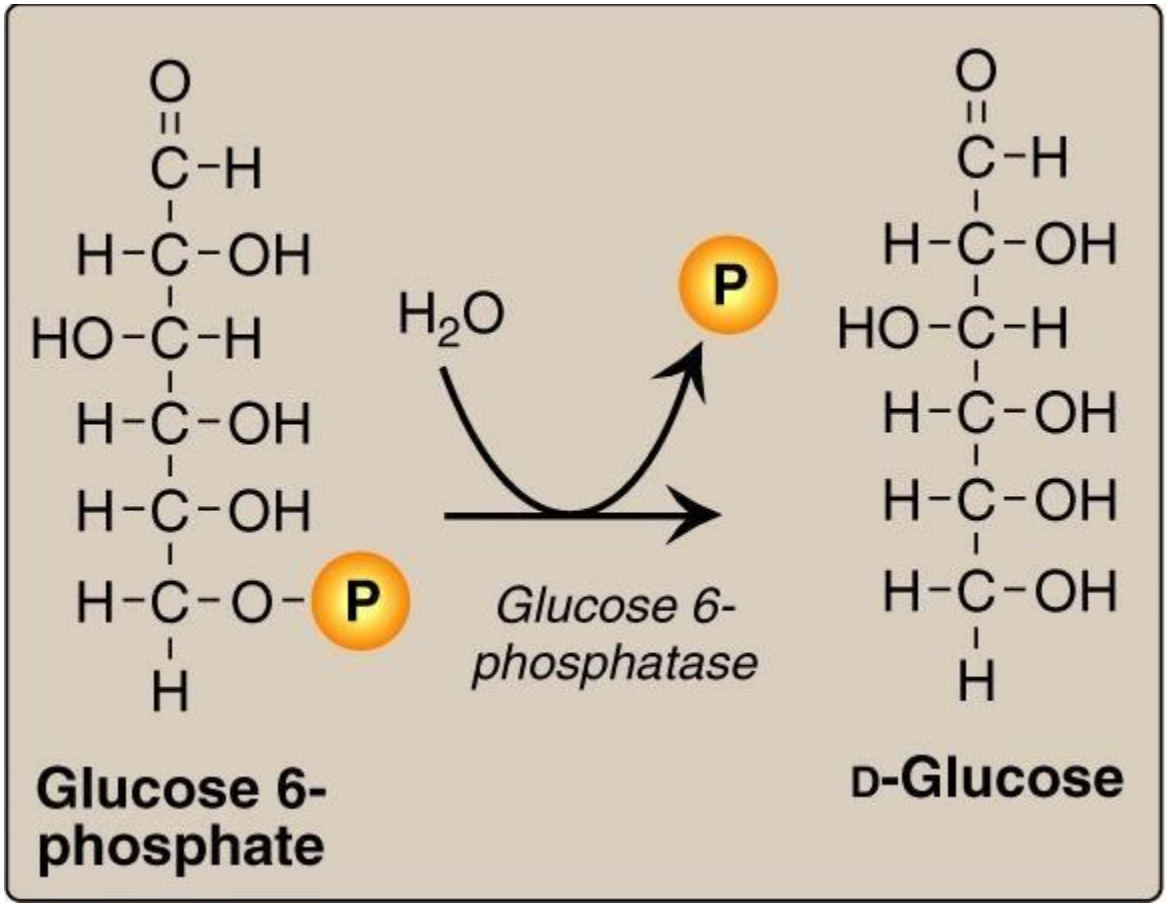
Dephosphorylation of fructose 1,6-bisphosphate

This reaction bypasses the irreversible phosphofructokinase -1 reaction



Reversing the irreversible steps

3. From glucose-6-phosphate to glucose



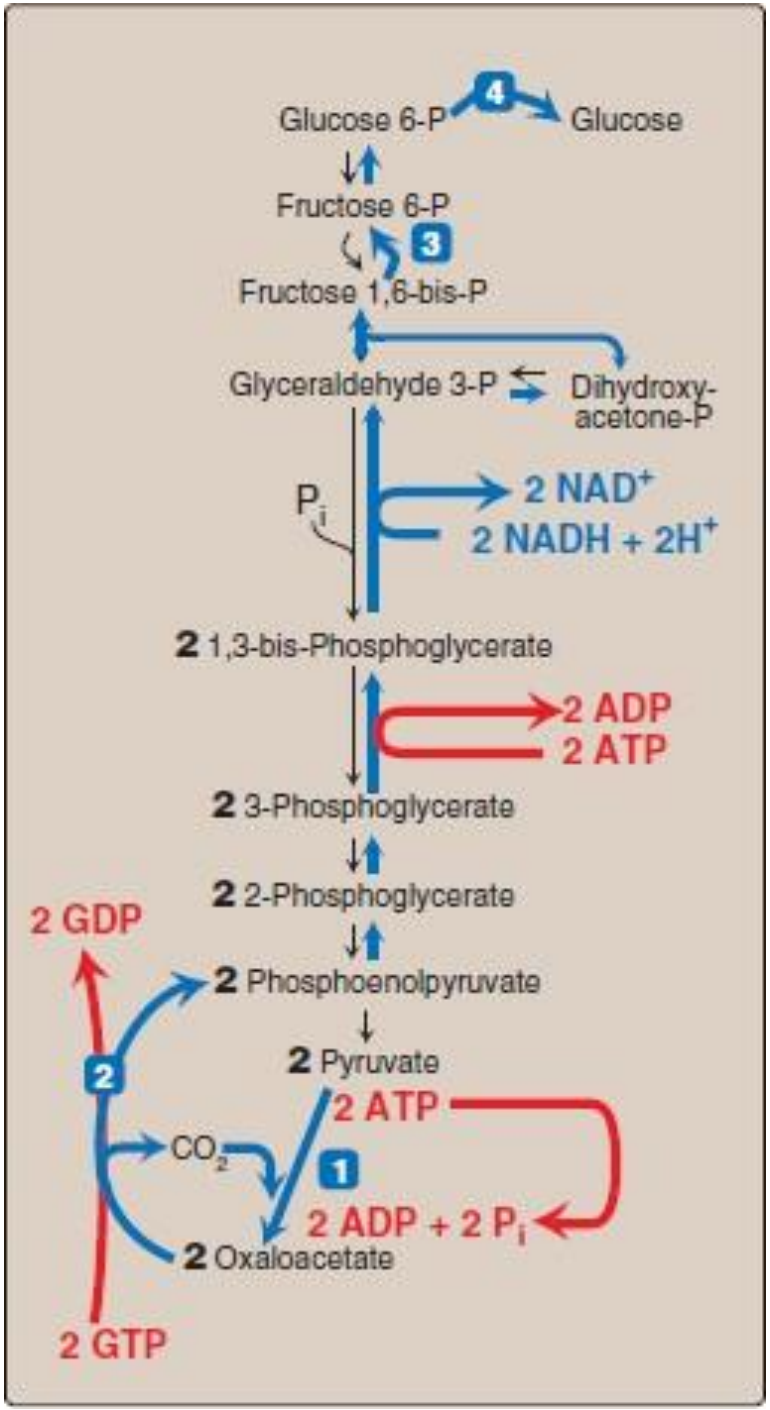
Dephosphorylation of glucose 6-phosphate

- Bypasses the irreversible hexokinase reaction
- Only in liver and kidney
- Glucose 6-phosphate translocase is needed to transport G-6-P across the ER membrane

Glucose 6-phosphatase in Endoplasmic Reticulum (ER)

Hint: Muscle lacks glucose 6-phosphatase, and therefore muscle glycogen can not be used to maintain blood glucose levels.

Energy requirements of gluconeogenesis



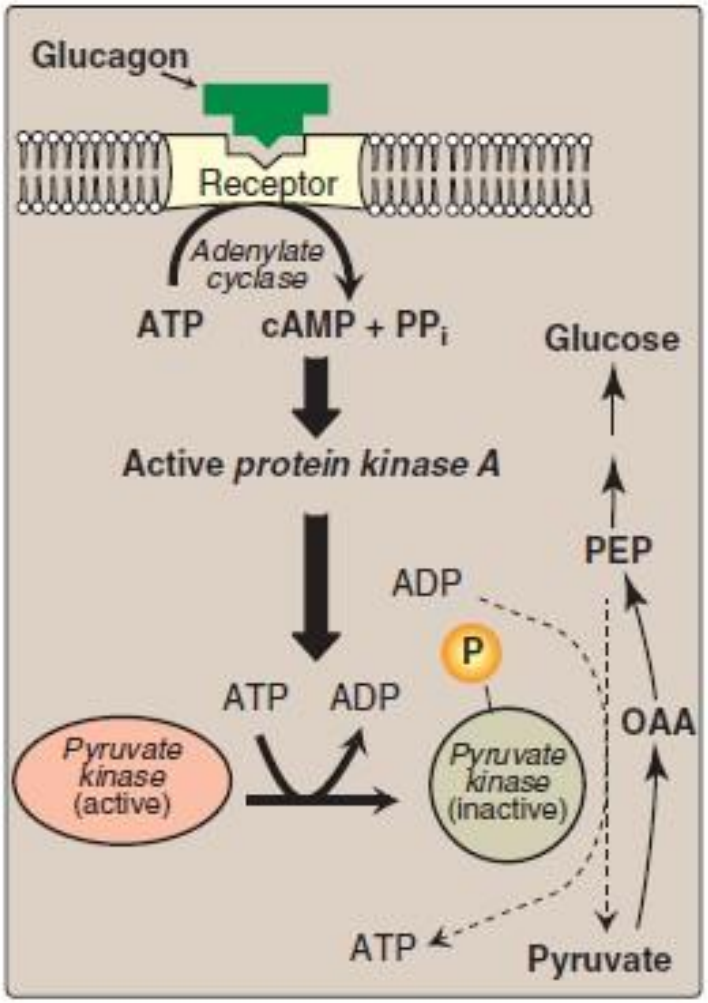
Regulation of gluconeogenesis

- Mainly by:

1. The circulating level of glucagon

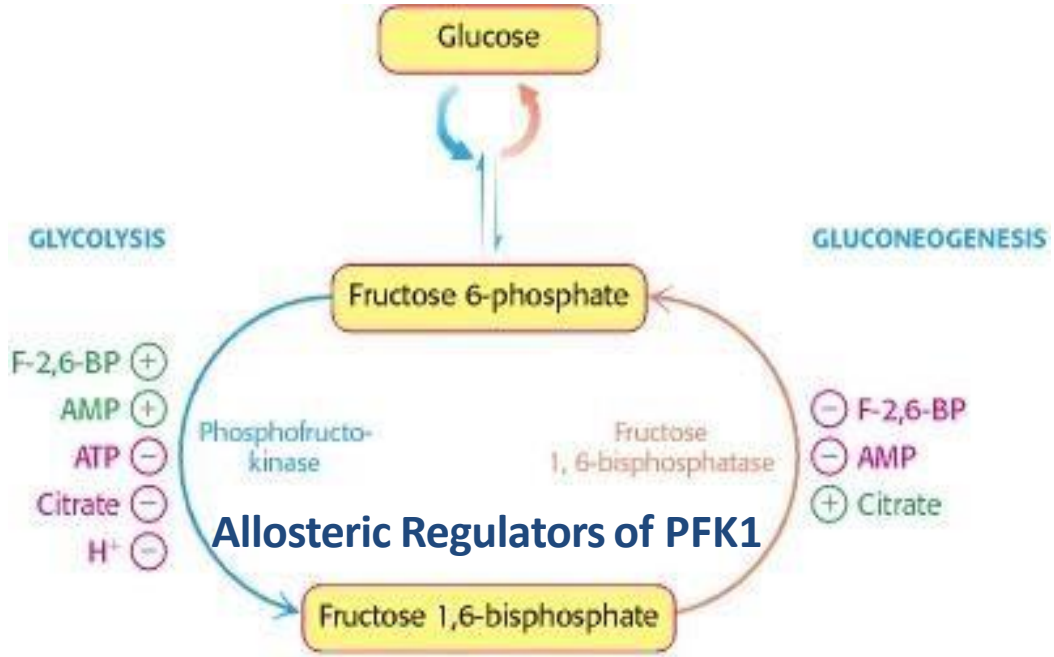
- Glucagon lowers the level of fructose 2,6-bisphosphate, resulting in activation of fructose 1,6-bisphosphatase and inhibition of PFK-1
- Inhibition of pyruvate kinase
- Glucagon increases the transcription of the gene for PEP-carboxykinase

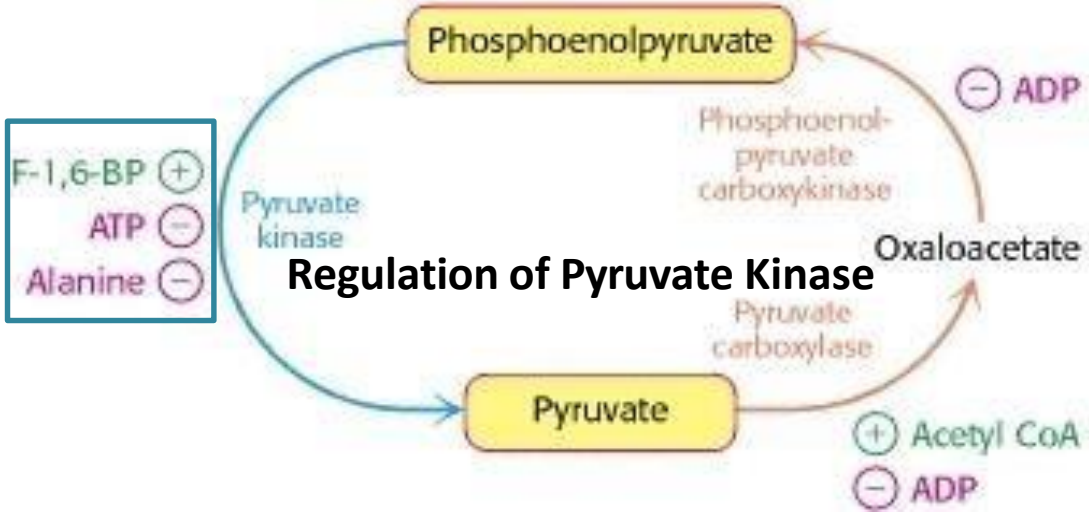
2. The availability of gluconeogenic substrates



3.Slow adaptive changes in enzyme activity due to an alteration in the rate of enzyme synthesis or degradation, or both

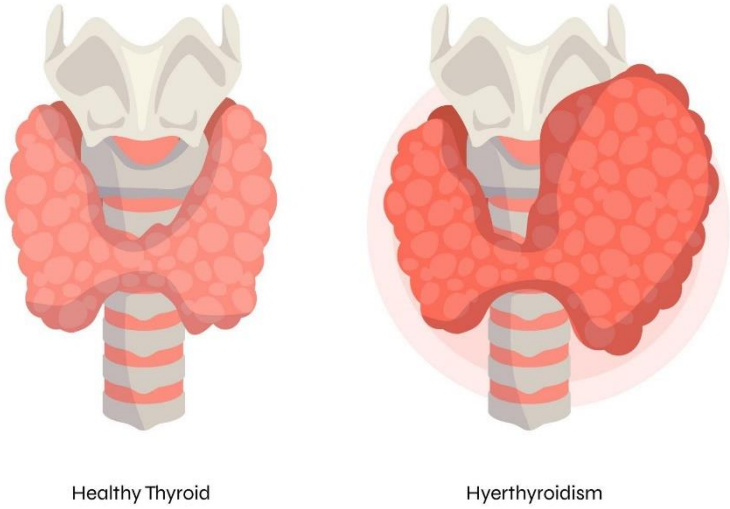
Regulation of gluconeogenesis





Application: Gluconeogenesis and diseases, hyperthyroidism as an example

- ✓ Hyperthyroidism is a hypermetabolic state
- ✓ Associated with increased rates of gluconeogenesis and glycogenolysis.
- ✓ Thyroid hormone, specifically the biologically active triiodothyronine (T_3), binds to its nuclear receptor and enhances *PEPCK* and *G6PC* expression



- ✓ Excess thyroid hormone stimulates proteolysis and lipolysis to promote substrate delivery to the liver