

Chapter 5

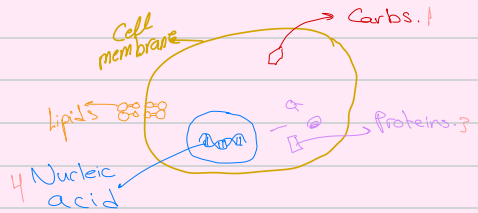
Molecules of life

Biochemistry

organism > system > organ > tissues > Cells > Organelle > molecules.

Four main Macro Molecules :- → they have unique properties

- Carbohydrates
- Proteins
- Nucleic acids
- Lipids



because of its orderly arrangement of their atoms.

Three classes are macromolecules that are polymers (long chains of monomer subunits).

Carbohydrates are a source of energy and provide structural support. Carbohydrate (starch) is shown as a chain of glucose molecules. **Proteins** have a wide range of functions, such as catalyzing reactions and transporting substances into and out of cells. Protein (alcohol dehydrogenase) is shown as a complex 3D structure. **Nucleic acids** store genetic information and function in gene expression. Nucleic acid (DNA) is shown as a double helix. **Lipids** are a group of diverse molecules that do not mix well with water. Key functions include providing energy, making up cell membranes, and acting as hormones. Lipid (phospholipid) is shown as a molecule with a head and tail.

Most macro molecules are polymers Most not all

→ Carbohydrates
Proteins
Nucleic acids } → all are polymers

lipids are not polymer
↳ It is monomer

Notes
Macro کثیر
Micro کم

Note 29 -
polymer → تدرج القطع
monomer → قطعه واحدة

Concept 5.1^o - Macromolecules are polymers, built from monomers.

polymer is a long molecule consisting of many similar or identical building blocks linked by covalent bonds, much as a train consists of a chain of boxcars

monomer The repeating units that serve as the building blocks of a polymer are smaller molecules

Note

In addition to forming polymers, some monomers have functions of their own.

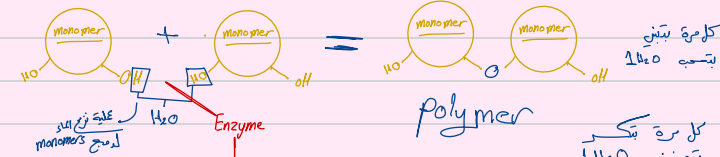
Macro molecules → are huge size
↳ chain like molecules.

البناء * Synthesis and breaking down polymers :-

[Dehydration] → occurs when two monomers bonds together through the loss of water molecule.

↓
تخليق
↓
البناء (Polymerization)

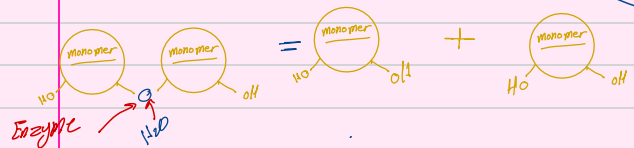
The condensation reaction happen when two molecules are connected covelantly together with losing smaller molecules → like dehydration reaction



are specialized macro molecules that speed up chemical reactions.
= facilitate

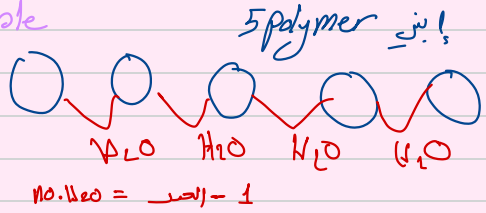
[Hydrolysis] → when polymers are disassembled to monomers

↓
تفكيك
↓
(water breakage)



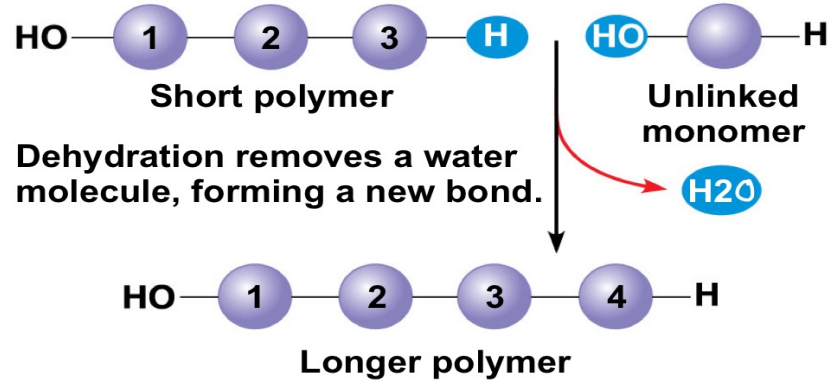
a reaction is essentially the reverse of dehydration reaction.
→ It is a type of condensi reaction.

Example

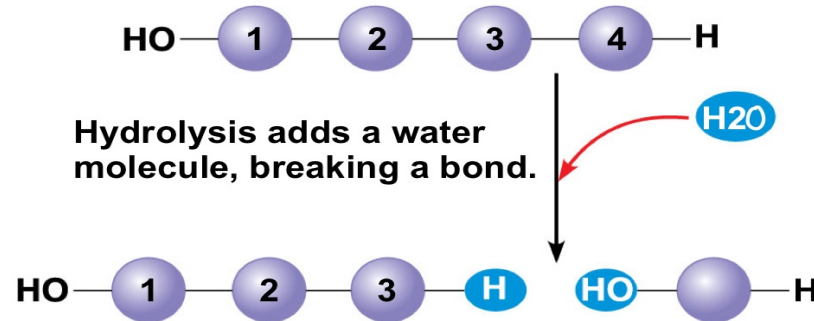


Note
Each class of polymer is made up of a different type of monomers, But the chemical mechanisms are the same which done by the cell

a) Dehydration reaction: synthesizing a polymer



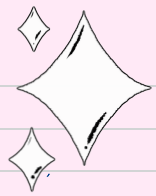
b) Hydrolysis: breaking down a polymer



[1] Carbohydrates

شکر و شکرانہ کے مادے includes sugars and polymers of sugars

- ↳ An important source of energy (Fuel)
- ↳ Giving a structural support + building blocks

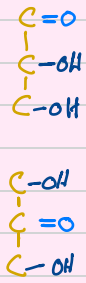
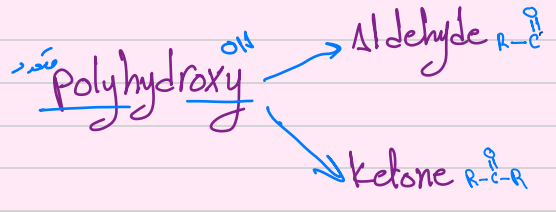


The monomers of Carbohydrates:-

- 1:- **MONOSACCHARIDES** شکرانہ کے مادے
- ↳ The simplest sugar / simplest carbohydrates.
 - ↳ serves as fuel for cells
 - ↳ raw material for building molecules

no. of Cs ≥ 3 تین یا تین سے زیادہ

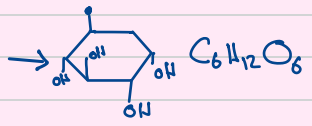
mono hydroxy \rightarrow 1 OH group
poly hydroxy \rightarrow 2 or more OH groups



(Aldose) \rightarrow like glucose Bresulohs
 tri, tetra, Penta, hexa
the classifying by the location of the Carbonyl group

(Ketose) \rightarrow like fructose
 formulas- $C_nH_{2n}O_n$

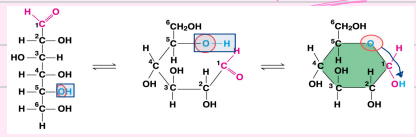
Example of monosaccharides 1- Glucose



(the most common)

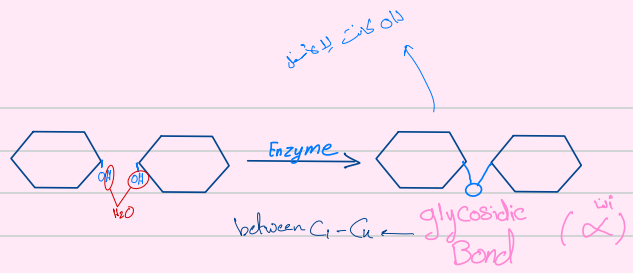
Linear \rightarrow Cyclic
in aqueous solutions

- 2- Fructose (شکرانہ کے مادے)
- 3- Galactose (شکرانہ کے مادے)

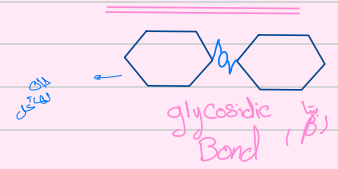
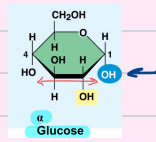


Disaccharides

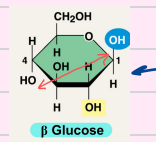
↳ is formed when a dehydration reaction joins two monosaccharides.



الانواع تستطيع كسر روابط α يمكن تكويره سهل



الانواع لا تستطيع تكويره سهل لذلك يذوب في الماء

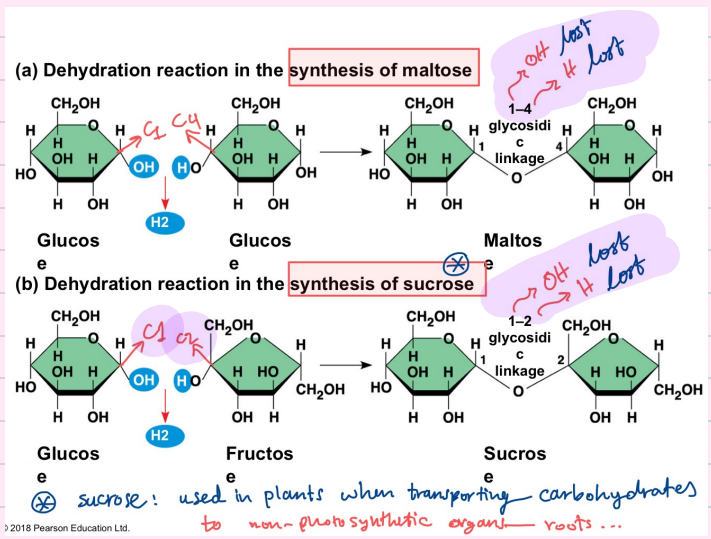
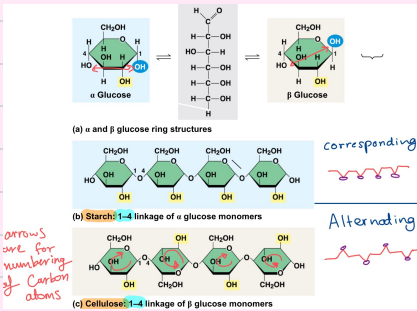


Examples of Disaccharides:

- Maltose: Glucose - Glucose
- Sucrose: Glucose - Fructose
- Lactose: Glucose - Galactose

The difference between α & β

Later: It is the cause behind the difference in structure between glucose and cellulose



3:-

Polysaccharides:


- ↳ It is a polymers of sugars
- ↳ have a storage and structural roles.


استخدامه في البنية: \rightarrow الجليكوزي الجسم كخزن في شكل ملائمة: \rightarrow \rightarrow \rightarrow

\rightarrow the function of polysaccharides determined by $\left\{ \begin{array}{l} \text{its sugar monomers} \\ \text{the position of its glycosidic linkage} \end{array} \right.$

III Starch \rightarrow Li \rightarrow storage place in plastid

Storage \leftarrow

↳ Amylose  \rightarrow Unbranched (α \rightarrow \rightarrow)

↳ Amylopectin  \rightarrow branched (α \rightarrow \rightarrow)


Carbon and 6 are linkage

Storage \leftarrow

IV Glycogen \rightarrow \rightarrow



\rightarrow extensively branched (α)

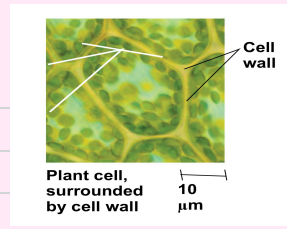
Storage places in liver and muscles 

Why it is extensively branched?
 \rightarrow to provide alot of ends able to hydrolysis and dehydration

3 Cellulose

Structure

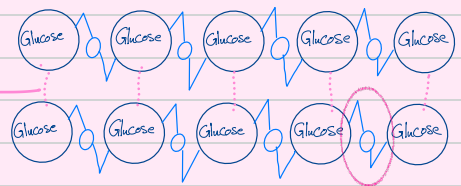
- ↳ Cell wall of plants
- ↳ rigid → سلب
- ↳ humans and most animals can't digest it.
 - ↳ because we lack to enzymes can break β bonds
- ↳ The most abundant component on earth



Examples of organisms can digest Cellulose :-
↳ prokaryotes and protists in Cow's gut

ميكروبات في بطن الحيوانات العنبر ← علاقة تبادلية symbiotic relationship
↳ Some fungi

Unbranched

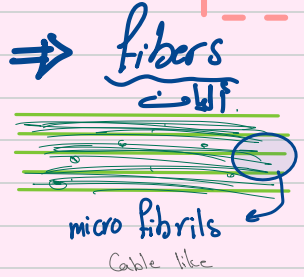


Cable like structure

hydrogen bonds

↳ occur between parallel monomers with hydroxyls

β unbreakable bond very strong bond.



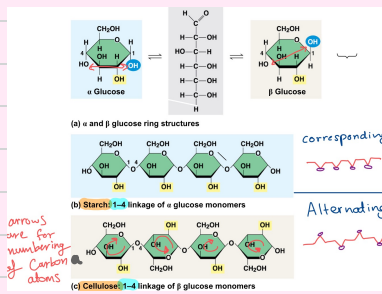
الأنزيم cellulase في بطن الإنسان لا يستطيع هضم cellulose
cellulose enzyme

The difference between α / β :-

≠ the structure of cellulose differ from other polymers

↳ because the position of hydroxyl group of C1 in the glucose ring either below or above

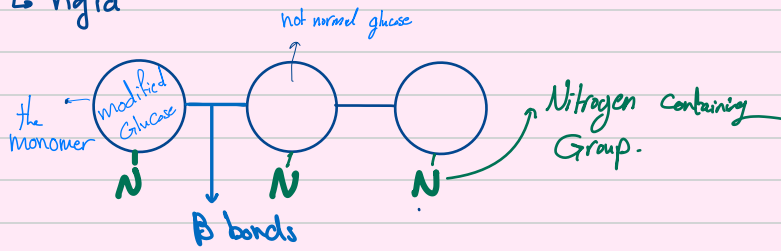
↳ so the glycosidic bond will form as β bond not α → if give the cellulose distant 3D shape



Structure

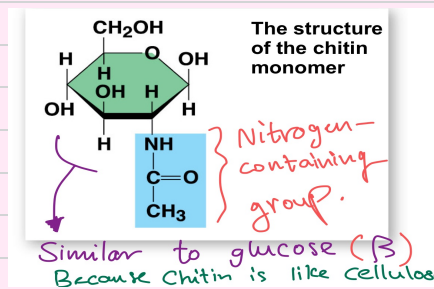
4 Chitin کیتین

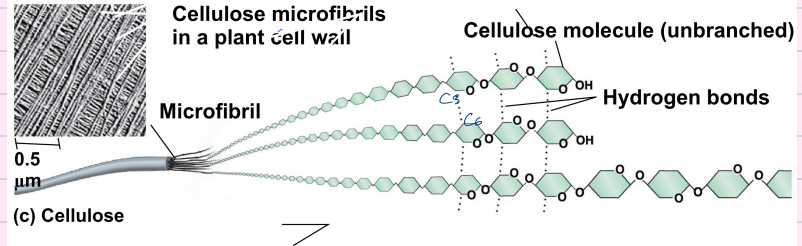
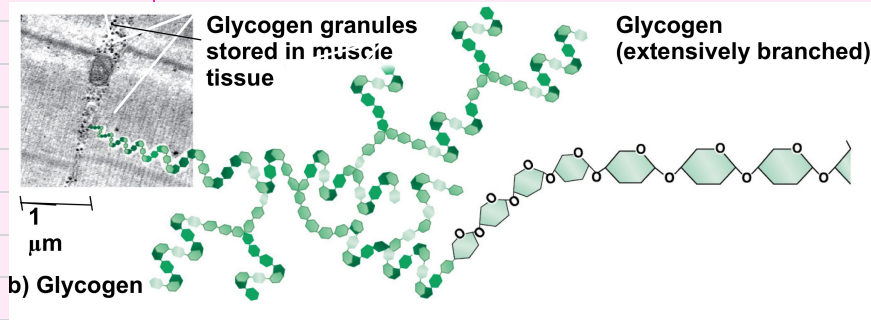
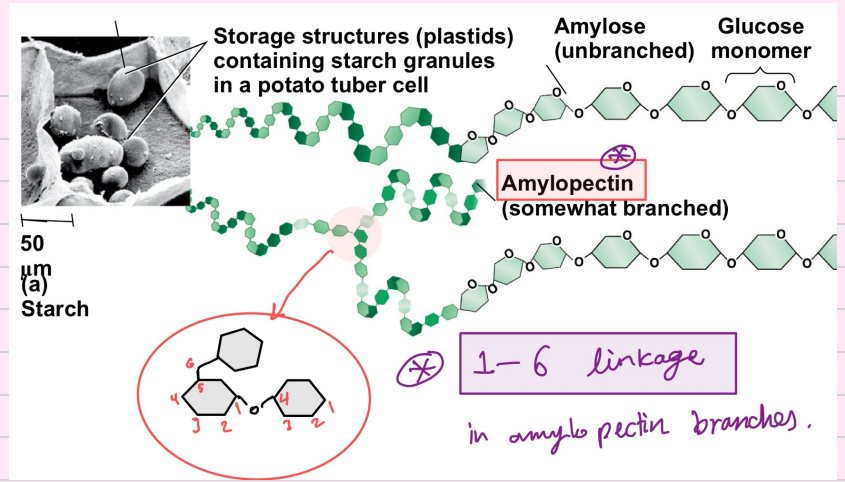
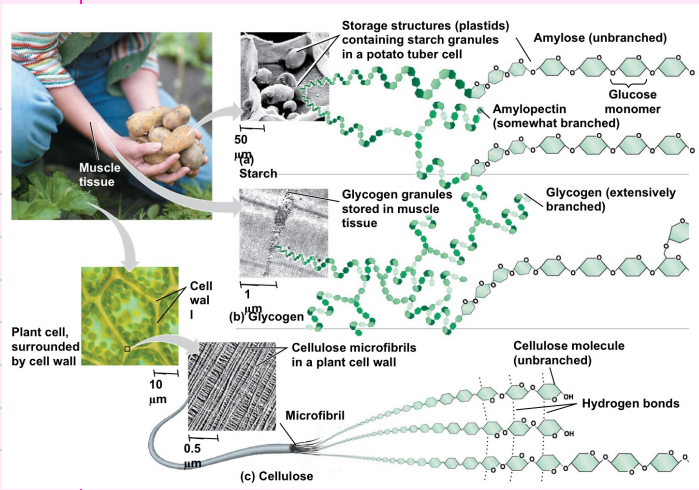
↳ rigid



- ↳ it found in
 - ↳ the cell wall of Fungi (کلیف)
 - ↳ arthropod's exo skeleton → to protect the soft body
 - ↳ Surgical threads → can decompose by it self.
 - ↳ Flexible
 - ↳ stretchable

IMP → Chitin is decomposed using different enzymes called → chitinase

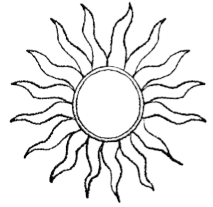




Molecules of Life

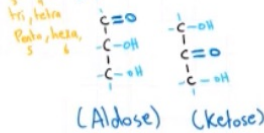
Carbohydrates السكريات

Fuel + building (Structure) ++

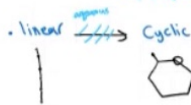


① Monosaccharides

- Poly hydroxy $\begin{cases} \text{Aldehyde } \text{C}=\text{O} \\ \text{Ketone } \text{C}=\text{O} \end{cases}$
- # of C: ≥ 3

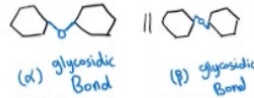
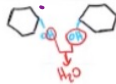


- Formula $\text{C}_n\text{H}_{2n}\text{O}_n$
- $\text{C}_5\text{H}_{10}\text{O}_5$ $\text{C}_6\text{H}_{12}\text{O}_6$
- $\text{C}_7\text{H}_{14}\text{O}_7$



- ex
1. Glucose
 2. Fructose
 3. Galactose
-

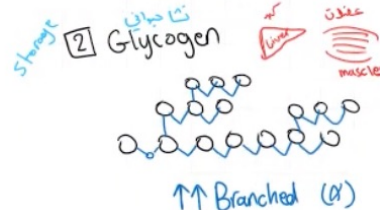
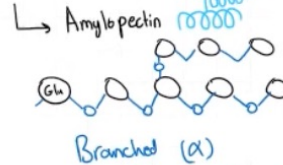
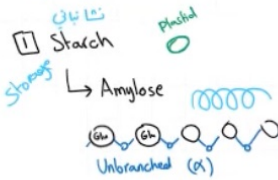
② Disaccharides



- ex
1. Maltose Glc-Glc النعير
 2. Sucrose Glc-Fru الأبييض
 3. Lactose Glc-Gal اللب

③ Polysaccharides

Storage + structure



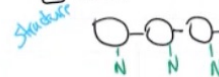
③ Cellulose

Cell wall of Plants
rigid قوي



humans cannot digest

④ Chitin



- Cell wall of fungi فطري
- exo skeleton خارجي

From Karam Darweesh lecture ♥

Lipids :-

waxes
pigments.

→ large molecules, but not big enough to be considered as macromolecules

→ not polymers.

→ all lipids are (hydrophobic) → no affinity to water

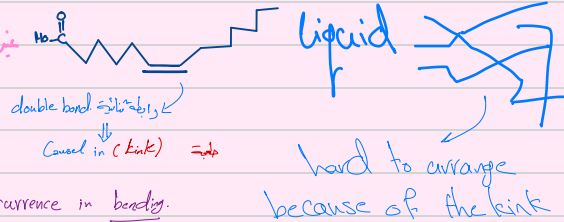
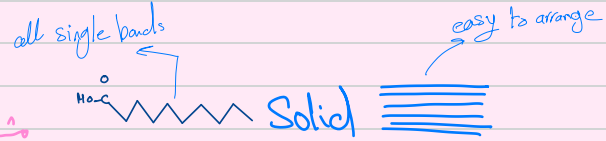
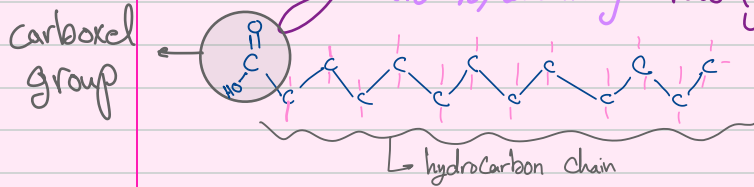
→ lipids consist hydrocarbon regions
This behavior based on lipids' structure a carbonate"

why are lipids are excluded from macromolecules
 ↳ because
 ↳ lipids are not large enough.
 ↳ lipids don't have true polymers.

* Fatty acids Carboxylic acid.

(16-18) carbon long two types

Saturated
 بالسيئة للدهن
 unsaturated
 بغير سيئة



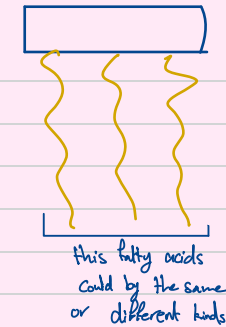
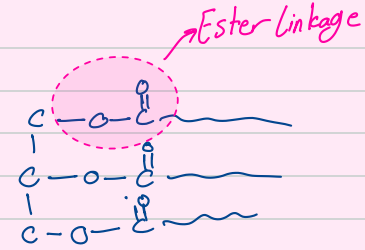
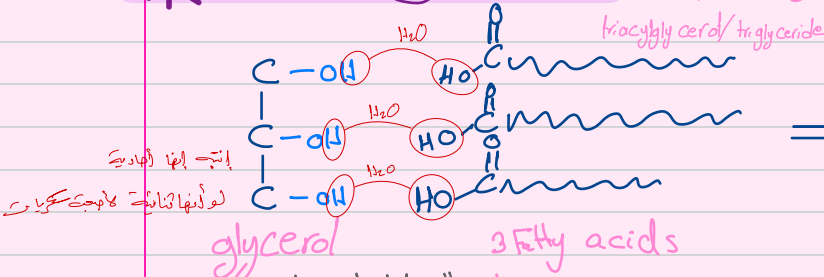
↳ straight and un-branched.

↳ If it is too long Carboxylic acid (16-18) Carbon

affected the consistency
 solid → liquid
 occurrence in beating
 kink

if it naturally happened → cis bond
 if it happened by human → trans bond

* Fat or Oil [TAG]



↳ 3 Carbon alcohol with hydroxyl group attached to each one

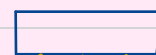
function - long term energy / Isolation

1g fat → 9 Cal
1g sugar → 4 Cal

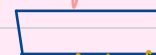
two types of fats

Solid

Liquid



Saturated fatty acids



unsaturated fatty acid

according to no. of Carbons. type of fatty acids (Saturated / unsaturated). at least 1 double bond in H-C skeleton.

They are packed Semisolid

Saturated fat → الزبد / الزبد الحار / Lard.

unsaturated fat → unpacked fats. better for health. الزبد البارد / Fats of fishes.

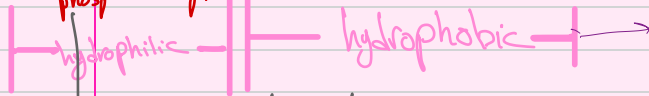
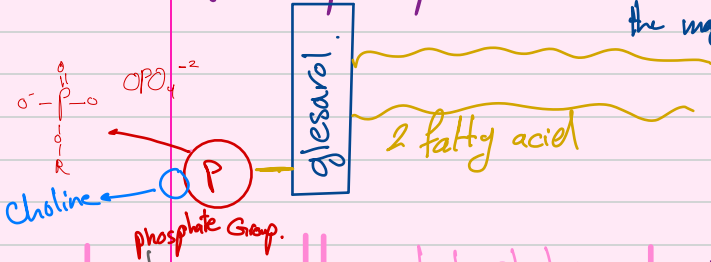
"the Trans fat" UN Sat. (liquid) ~ hydrogenation ~ Sat. fat (Solid) Trans. Fat

Adipose tissue



* Phospholipids

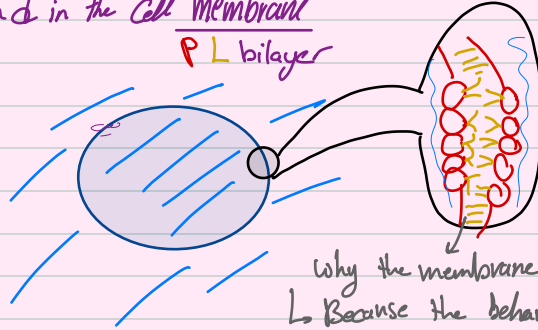
Functions
the major constituent of cell membranes.



ambivalent- behavior
to water

Note:- the phosphate has the negative charge of the cell

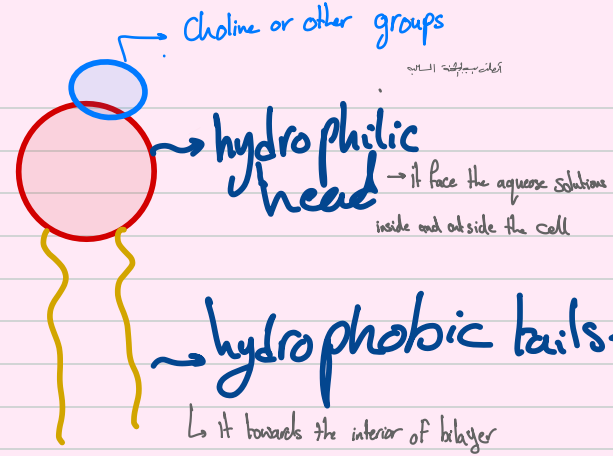
↳ It found in the cell membrane
PL bilayer



Why the membrane is bilayer?

↳ Because the behavior of phospholipids with water.

↳ hydrophobic and hydrophilic in the same time → it will self assemble into double layers sheet.



Hydrophilic head

Hydrophobic tails

(c) Phospholipid symbol

(a) Structural formula

(b) Space-filling model

(d) Phospholipid bilayer

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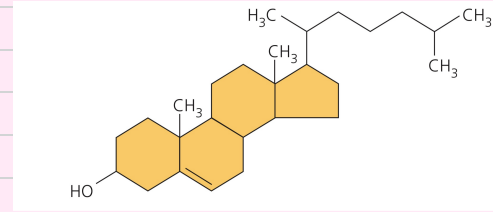
Next 3 slides are fake: images send to back to see highlights



* Steroids



Steroids are lipids characterized by a carbon skeleton consisting of four fused rings. Different steroids are distinguished by the particular chemical groups attached to this ensemble of rings.



→ Cholesterol

↳ it is a part of every animal ^{plasma.} cell membrane

↳ increasing the risk of Cardiovascular disease.

↳ serve as precursor to form hormones.

Examples → sex hormones (not all hormones are steroids)

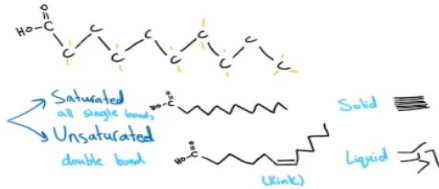
↳ It is synthesised in liver

the high level of cholesterol cause atherosclerosis.

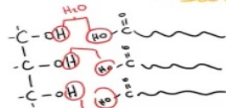
Lipids

large molecules
not polymer
(hydrophobic)

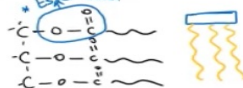
* Fatty Acids




* Fat or Oil [TAG]



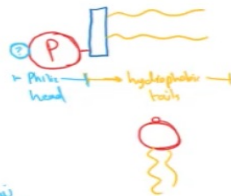
glycerol 3 FA



Sat.  Solid 
 UnSat. "Oil" better for health  Liquid 

Long term Energy
Isolation
"Adipose"


* Phospholipid



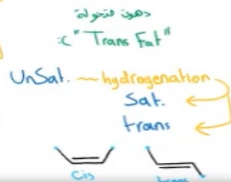
* cell membrane PL bilayer



* Steroids



* cholesterol
Part of every animal cell membrane
:c ↑ risk of CV disease

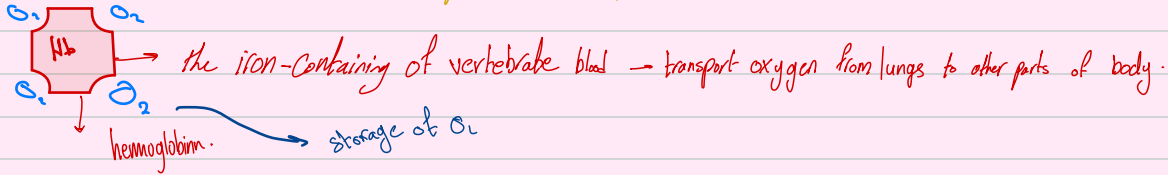
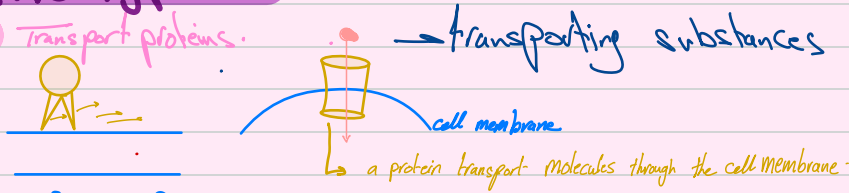


Proteins

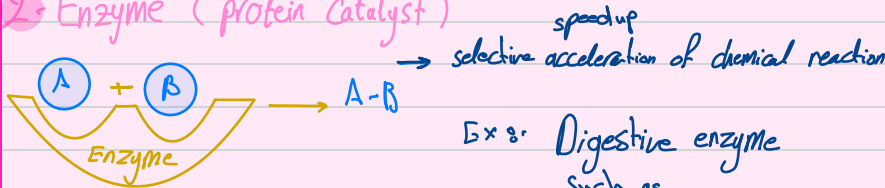
- ↳ unlimited functions. = unlimited structure.
- ↳ It presents 30% of dry mass
- ↳ most diverse.

Some types:-

1- Transport proteins.



2- Enzyme (protein catalyst)

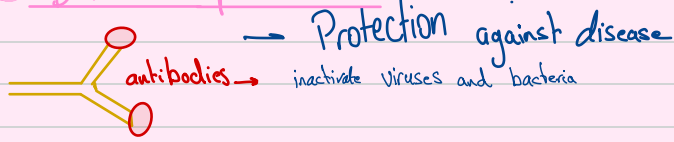


Ex: Digestive enzyme
such as



it called chemical agents
↳ because enzymes can perform its function
over and over again

3- Defensive proteins



4- Storage of Amino acids proteins



Casein → milk protein → the major source of amino acids for baby mammals → humans don't have this type of proteins.

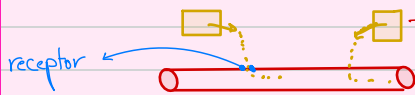
seeds of plants → storage proteins.

البروتينات التي تخزن في البذور تستخدم كمصدر للأحماض الأمينية لنمو الجنين أثناء الحمل.
antibodies → transport...

Egg → Ovalbumin is the protein of egg white used as a source of amino acids for developing embryo

5- Hormonal proteins

→ coordination of an organism's activities.



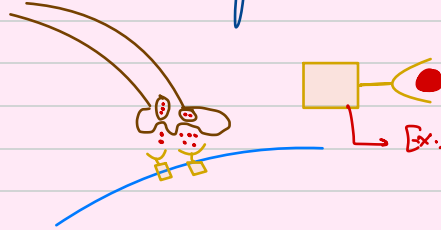
Insulin → hormone is secreted by pancreas.

↳ Cause other tissue to take up glucose.

↳ regulating blood sugar concentration.

6- Receptor proteins:-

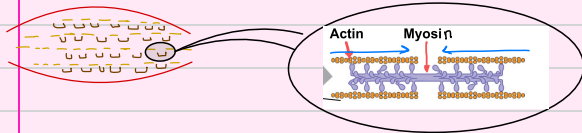
↳ Response of cell to chemical stimuli



Ex:- Receptors built into the membrane of nerve cell detect signaling molecules released by other nerve cells.

7- Contraction proteins:-

↳ function → movement.



→ Myosin and Actin are responsible about the contraction of muscles

→ Motor proteins are responsible about the undulation of cilia and flagella

7- Structural proteins:-

↳ function → support.

Ex → **keratin** → it is the protein of hair, horns, ^{قرون} feathers and skin

↳ Insects and spiders use silk fibers to make their cocoons and webs.



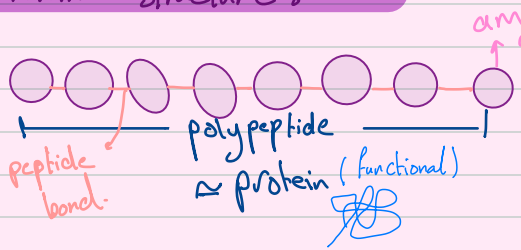
Collagen and elastin proteins provide fibrous framework in animal connective tissues.

⇓
Strength

البروتينات الهيكلية توفر دعماً في الجسم
وتعطي قوة أيضاً.

البروتينات تستخدم للطاقة في حالة الحاجة حيث أولوية الإستهلاك هي للسكريات والدهون في الجسم

⇒ Protein's structure :-

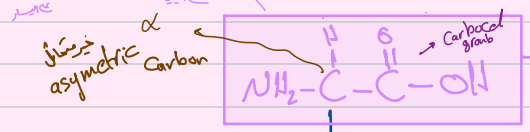


amino acids • protein is a polymer

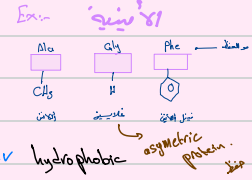
• and its monomer are the amino acids. (organic molecule)

ما الفرق بين polypeptide و protein ؟
 تتكون من الأحماض الأمينية
 ولكن عندما تأخذ الشكل المحدد تعدد تسمى protein

⇒ Amino Acids

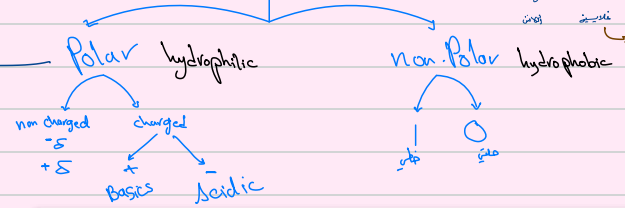


back bone
 سبب بروتين



R side chain

منه ان كانت الاحماض الامينية غير متجانسة فيها قدر التماثل الغير بروتيني
 منبهه تسمى بين سبعة اقسام وهي كلهم بالاسمين يتم اطلاقه على



Proteins are unbranched

the classification of amino acids depends on side chain

the naming of amino acids

- full name
- 3 letters abbreviation
- 1 letter abbreviation

There is a huge no. of amino acids, but just 20 amino acids are used in our proteins

كم عدد امينو حمض الاحماض؟ اكثر من 200
 كم عدد امينو حمض الاحماض؟ اكثر من 20

R-side chain

Polar hydrophilic → قطبي = Polar
 جزيئات ذائبة في الماء

Non-polar hydrophobic

charged

No charge
 but we have δ^- δ^+
 slightly (-) slightly (+)

Positive Basics

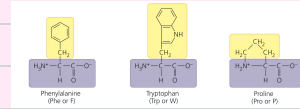
Negative Acids

أmino جانب موجب
 Side chain +

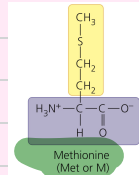
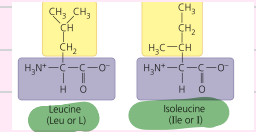
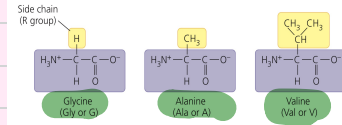
Carboxyl group
 Side chain -

ring side chain

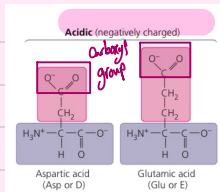
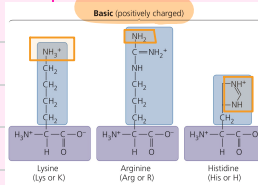
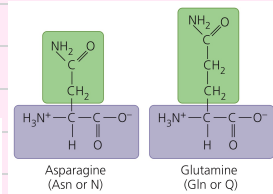
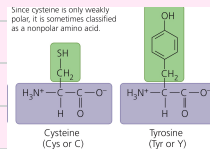
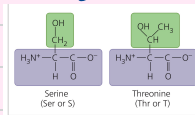
linear side chain



Nonpolar side chains: hydrophobic

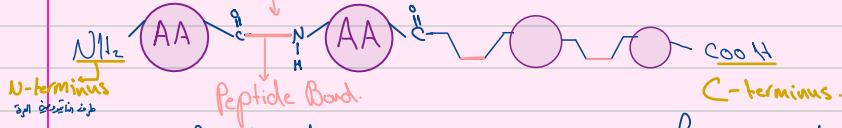
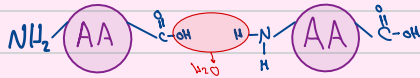


Slightly positive **Slightly negative**



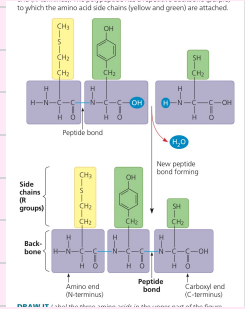
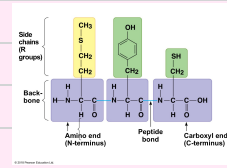
! أmino GPT من إشارات ليد ← ع يسع

Building a protein :-



Every specific polypeptide has a unique linear sequence of amino acids.

If you were asked about the no. of H_2O that are released \rightarrow
 $\text{Peptide no. bond} = \text{No. } H_2O = \text{No. amino acids} - 1$



The function depends on 3D shape.

models :-



\rightarrow 3D shape depends on AA sequence.

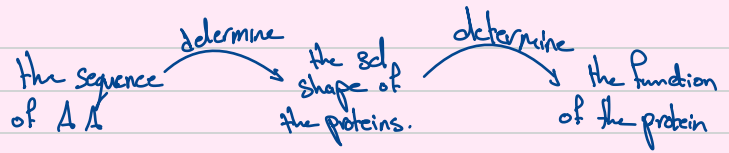
the sequence of amino acids \rightarrow determine the 3D shape of proteins.

the 3D shape structure \rightarrow determine how the protein works

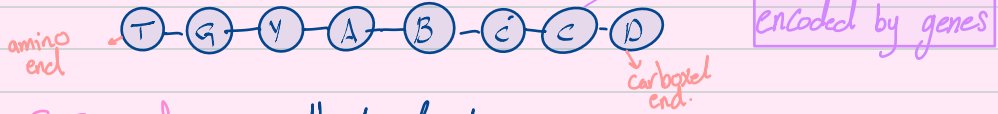
the function of proteins \rightarrow depends on the ability to recognise other molecules.

Protein structure :-

↳ There are 4 stages of structures:-

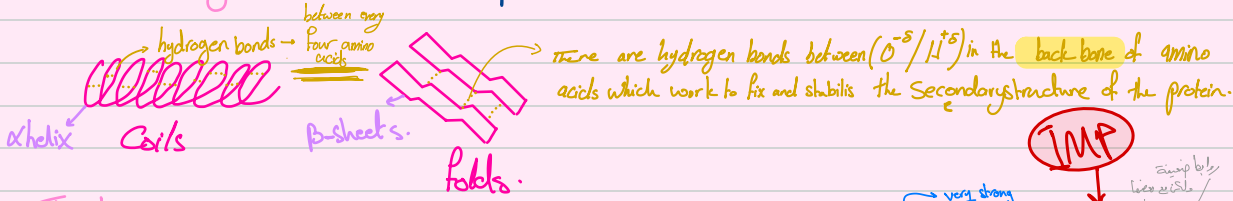


Primary → the sequence of AA



Example from the book
 transferrin → blood protein / transports hormone
 ↳ transport Vitamin A
 ↳ It's made up from 4 polypeptide chains each one is formed from 127 amino acid

Secondary → the local shapes



Secondary structure →
 α helix or globular proteins
 β sheets or fibrous proteins like spider's web

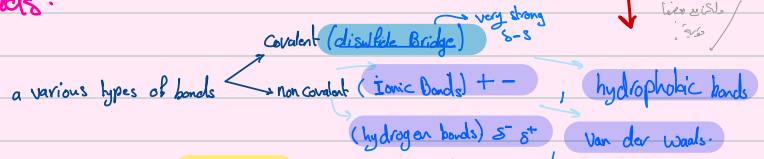
Tertiary :-

↳ 3d shape / the overall shape of proteins



There are bonds between atoms in R-chains in the amino acids which work to fix the tertiary shape of the protein

* the bonds between (R-chains) are found only in tertiary and quaternary structures.



Note → H-bonds occurred between back bones together // chains together in secondary → tertiary / quaternary

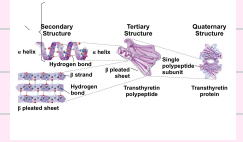
Quaternary

↳ not all proteins have the quaternary because it formed from one sub unit.



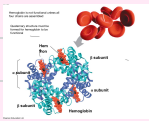
quaternary > 1 subunit

hydrogen bonds in alpha helix between (1-4) (2-5) (3-7)

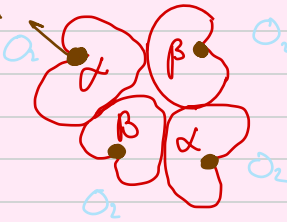


Example of proteins

Hemoglobins



Iron
called heme
حديد



Quaternary
It is a globular protein

4 subunits
2 β strand 2 α helix

collagen → Quaternary

Structural protein



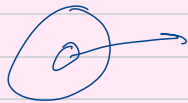
↳ fibrous protein / tubular structure.

↳ 3 identical polypeptide coils like a rope

↳ accounts to 40% proteins in humans body.

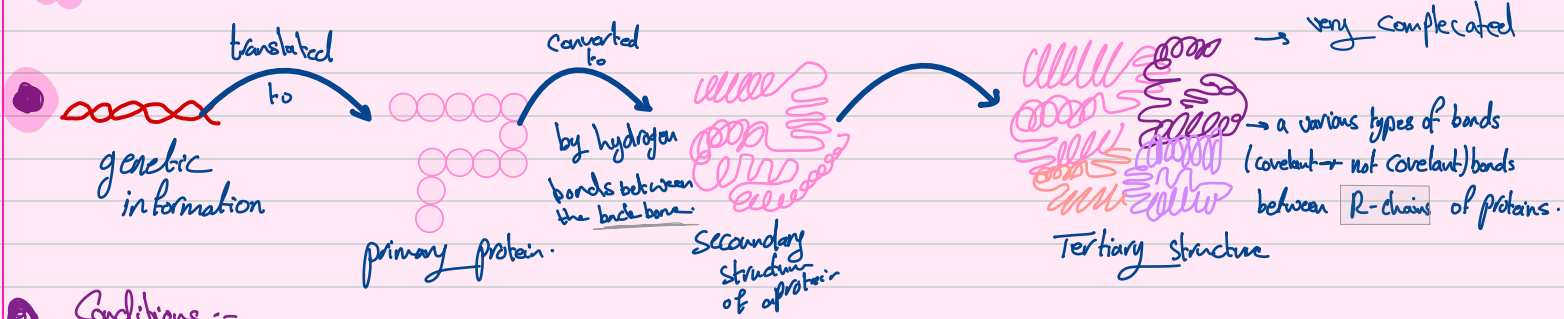
Protein of hair (α keratin) → has many α helices so do the silk hair

#Note: fibrous proteins → has many β sheets



there are a hydrophobic core in all proteins.

What determines the structure?



Conditions :-

→ pH, [salt], temp, the solvent

↳ all this conditions and others play a role / affecting factor in manufacturing proteins structures

One single change in the primary structure may affect the structure and the function

ظلال اجنبية به علي تغيير شكل الپروتين
و روادا الپروتين يورثها بيده

Example of disease :-

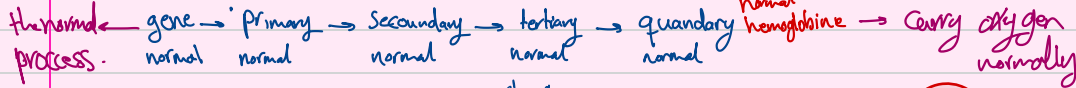
Inherited

Sickle Cell Anemia

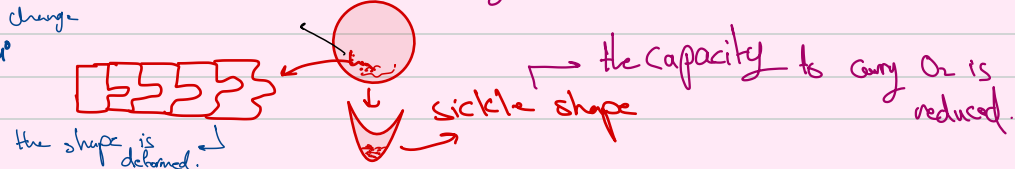
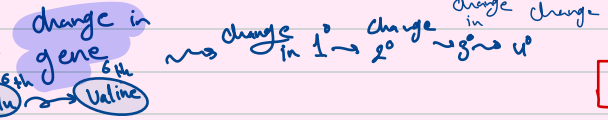
in herited disease

- **Alzheimers**
- **Parkinson**
- **Mad cow**

mis folded protein



un normal process

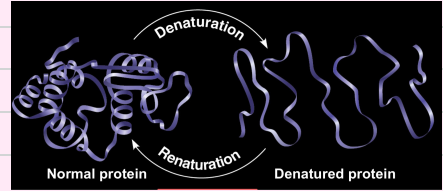




any change in conditions can cause a denaturation to the protein
 Some not all proteins are able to renature when the conditions returns normal again

loss of normal structure:
 (function)

- ↳ it may happen if the protein is placed in polar solvent
- ↳ biologically inactive



how we study the 3d shape

→ X-ray Crystallography  ← تجريد البروتين ← اشعاع اشعاع x

→ Nuclear magnetic Resonance spectroscopy الرنين المغناطيسي

→ Crystallization

- Bioinformatics → prediction protein structure from amino acid sequences.

Nucleic Acids



- The genes consist of DNA which belongs to Nucleic Acids.
- DNA has the codes which determine the consequence of amino acids in the primary structure of proteins.

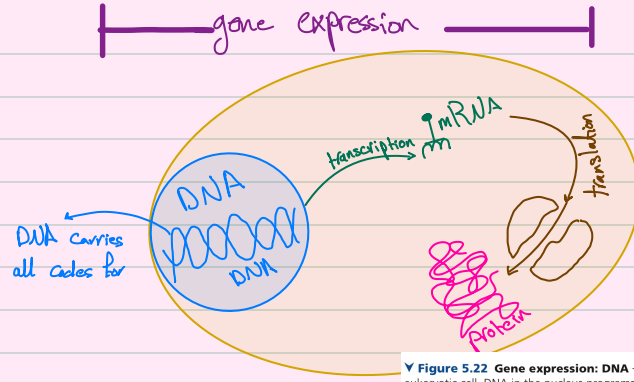
Codes \rightarrow Proteins \rightarrow morphological qualities
 \rightarrow functional proteins.

1 gene = 1 protein

If the primary structure of polypeptides determines a protein's shape, what determines primary structure? The amino acid sequence of a polypeptide is programmed by a discrete unit of inheritance known as a **gene**. Genes consist of DNA, which belongs to the class of compounds called nucleic acids. **Nucleic acids** are polymers made of monomers called nucleotides.

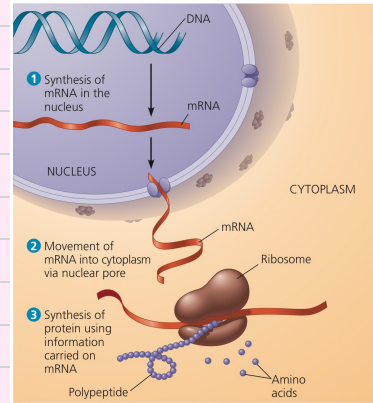
We have two types of Nucleic acids \rightarrow Deoxyribonucleic acids (DNA)
 \rightarrow Ribonucleic acids (RNA)

Note - DNA provides directions for its own replication also it direct RNA synthesis.



↳ know it in general

▼ **Figure 5.22 Gene expression: DNA → RNA → protein.** In a eukaryotic cell, DNA in the nucleus programs protein production in the cytoplasm by dictating synthesis of messenger RNA (mRNA).



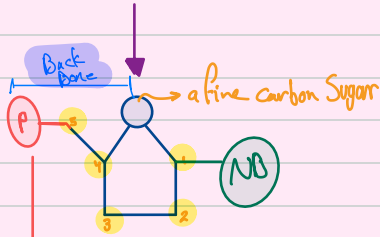
to proteins? A given gene along a DNA molecule can direct synthesis of a type of RNA called *messenger RNA (mRNA)*. The mRNA molecule interacts with the cell's protein-synthesizing machinery to direct production of a polypeptide, which folds into all or part of a protein. We can summarize the flow of genetic information as DNA → RNA → protein (see Figure 5.22). The sites of protein synthesis are cellular structures called **ribosomes**. In a eukaryotic cell, ribosomes are in the cytoplasm—the region between the nucleus and the plasma membrane, the cell's outer boundary—but DNA resides in the nucleus. **Messenger RNA conveys genetic instructions for building proteins from the nucleus to the cytoplasm.** Prokaryotic cells lack nuclei but still use mRNA to convey a message from the DNA to ribosomes and other cellular equipment that translate the coded information into amino acid sequences. Later in the

Genes are inherited from the parents and each 1 chromosome contain one long DNA molecule, usually carrying hundreds of genes.

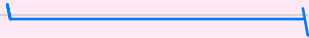
Nucleic Acid → called "polynucleotides" "polymer"



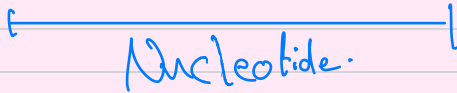
↳ the monomer
Nucleotide



Phosphate group + α Pentose + Nitrogenous Base



Nucleoside ~ without phosphate.



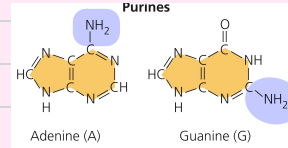
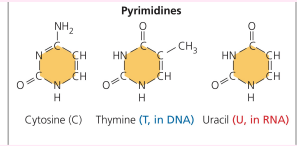
Nucleotide.

↳ NB
↳ Pyrimidines
↳ Purines

from the Backs they differ in the chemical groups attached to the ring

C U T A G
cytosine uracil Thymine Adenine Guanine

سلسله + سلسله



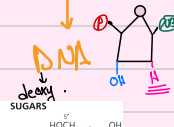
سلسله أكبر
سلسله أصغر

Pentose

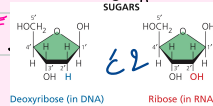
RNA



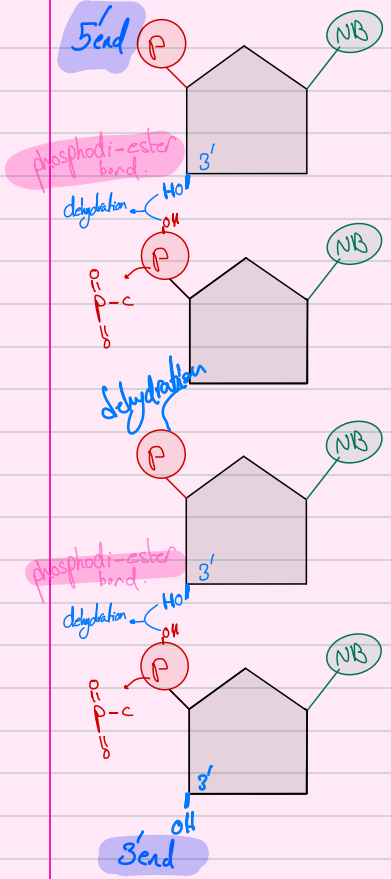
DNA



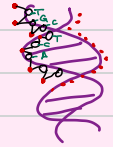
deoxy SUGARS



The polynucleotide



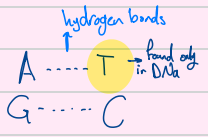
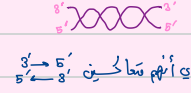
DNA



Deoxy ribose
 ↳ lacks an oxygen atom
 On the second carbon in the ring

⇒ Double helix
 ↳ sealed double
 DNA replication.

⇒ "Anti-Parallel"

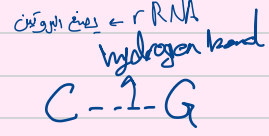


RNA

↳ mostly single



المرسال ← mRNA
 في نقل المعلومات ← tRNA
 في نقل المعلومات ← rRNA



↳ only found in RNA

The Components of Nucleic Acids

Nucleic acids are macromolecules that exist as polymers called **polynucleotides** (Figure 5.23a). As indicated by the name, each polynucleotide consists of monomers called **nucleotides**. A nucleotide, in general, is composed of three parts: a five-carbon sugar (a pentose), a nitrogen-containing (nitrogenous) base, and one to three phosphate groups (Figure 5.23b). The beginning monomer used to build a polynucleotide has three phosphate groups, but two are lost during the polymerization process. The portion of a nucleotide without any phosphate groups is called a **nucleoside**.

To understand the structure of a single nucleotide, let's first consider the nitrogenous bases (Figure 5.23c). Each nitrogenous base has one or two rings that include nitrogen atoms. (They are called nitrogenous bases because the nitrogen atoms tend to take up H⁺ from solution, thus acting as bases). There are two families of nitrogenous bases: **pyrimidines** and **purines**. A **pyrimidine** has one six-membered ring of carbon and nitrogen atoms. The members of the pyrimidine family are cytosine (C), thymine (T), and uracil (U). **Purines** are larger, with a six-membered ring fused to a

five-membered ring. The purines are **adenine (A)** and **guanine (G)**. The **specific pyrimidines and purines differ in the chemical groups attached to the rings**. Adenine, guanine, and cytosine are found in both DNA and RNA; **thymine is found only in DNA and uracil only in RNA**.

Now let's add the sugar to which the nitrogenous base is attached. In DNA the sugar is **deoxyribose**; in RNA it is **ribose** (see Figure 5.23c). The only difference between these two sugars is that **deoxyribose lacks an oxygen atom on the second carbon in the ring**, hence the name *deoxyribose*.

So far, we have built a nucleoside (base plus sugar). To complete the construction of a nucleotide, we attach one to three phosphate groups to the 5' carbon of the sugar (the carbon numbers in the sugar include ', the prime symbol; see Figure 5.23b). With one phosphate, this is a nucleoside **monophosphate** more often called a nucleotide.